Kindness Chain

Thank You Mr. J! For the A!

Thank You Jerry for helping me!

Marty was Kind When I Was Sad!

Than! For E

Write your appreciation on a paper link and pop it into the box.

Your G-Force will create a Chain of Kindness around the whole school!

Kindness Chain

HOW IT WORKS

1. Start a kindness chain by giving students a link (a strip of paper) on which they write a small act of kindness they've received or given.
2. Students & staff will write on the paper on one side, perhaps even every day!!!
3. They can pick up the paper strips at the same location as where they drop them in the box.
4. The chain grows all month long, with the goal to stretch it around the school!

BUDGET CONSIDERATION

1. Strips of paper
2. Pens
3. Supplies to decorate the box/basket
4. Tape

SUPPLIES

1. Colored paper
2. Tape or stapler
3. Markers

TASKS

1 - PUT UP POSTERS!
G-Force puts up the posters to encourage participation.
Download Poster

2 - CREATE A DEPOSIT BOX & STRIPS
G-Force can cut out strips and create a box or basket to put the chain papers into. Put the box/basket, strips and pens in a central place for students and staff to write notes.

3 - MAKE THE CHAIN!
G-force then can make the chain with notes on the outside of the chain piece. Then, post down hallways and over doorways where everyone can see it!

4 - MAKE ANNOUNCEMENTS!
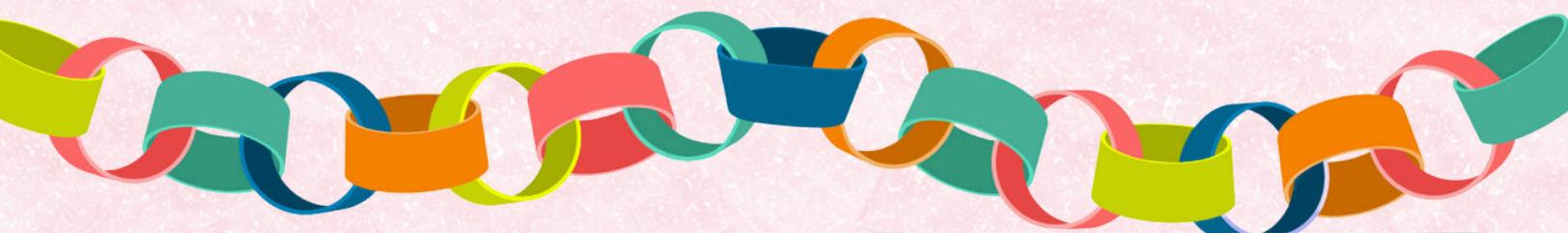G-Force will make announcements over the PA to promote the Kindness Chain.
Download Announcements

5 - PROMOTE ON SOCIAL MEDIA
Person who handles social media can post the provided graphics and suggested text posts to promote to the community. (Optional)
Download Social Media Graphic

6 - SHARE IT!
Use Hashtag #CultureQuestFebruary
Post pix from the activity you did at your school to the Utrust Coordinators Facebook Group

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Kindness Chain

Student 1: Hey [School Name], are you ready to link up with something awesome?

Student 2: Link up? Are we starting a chain gang or something?

Student 1: Not quite! We're starting the Kindness Chain!

Student 2: Oh right! So, every day, we get to write something kind or encouraging, on paper that will be used to make a chain.

Student 1: We'll create a giant paper chain to stretch across the whole school.

Student 2: That sounds fun! So, I can thank _____ who doesn't give us homework?

Student 1: Yep, you can write anything encouraging or positive.

Student 2: And where do I put my awesome, kind words?

Student 1: Grab a strip of paper at _____, write your note and drop it in the box, so our G-Force will add it to the chain every day.

Student 2: It's going to grow and grow—who knows, maybe we'll stretch it all the way across Tennessee!

Student 1: Wow! A chain of kindness that reaches that far? I'm in! We get to see how far our kindness can go—literally.

Student 2: Let's make it the longest, most awesome kindness chain ever!

Student 1: Time to link up and spread the love!

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Kindness Chain

OPTIONAL: Use the pre-made graphic (download here) and the suggested text on the right to copy and paste into your social media posts. Feel free to create your own social content around this Quest!

POST TEXT:

💐 Let's Link Up for the Kindness Chain! 💐

It's time to get your kindness on! 💛 Students and staff, grab the paper provided and write down a message of kindness, gratitude, or encouragement. Every note becomes a link in our Kindness Chain, and we're aiming to stretch it across the entire school! 🔗✨

And guess what? Parents and community members can join the kindness wave too! Spread some good vibes at home, work, or anywhere you go. 🌟

#KindnessChain #CultureQuest #CultureQuestFebruary #CommunitySpirit

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